

## **Practice and Training Profile – Hightown Surgery, Banbury**

### *Partners*

Dr Louise Cornwall  
Dr Sandar Hlaing  
Dr Catriona Stephens  
Dr Sarah Lourenco  
Dr Paul Park

### *Associate doctors*

Dr Rachel Urquhart  
Dr Nicholas Hodgkins  
Dr Kate Smith  
Dr Felicity Lewis

**Hightown Surgery** is a thriving practice in purpose-built premises opposite the Horton Hospital. We have a list size of approximately 10 400, serving Banbury and surrounding villages. We have a good demographic mix of patients and a larger than average number of children and young families. We always score highly on patient satisfaction surveys (except for car parking!) and enjoy popularity as a practice within the area.

### **Primary Health Care Team**

Doctors: 5 partners and 4 salaried G.P.s, equivalent to 5 ½ full timers altogether.

Part time pharmacist.

Nursing team: 3 practice nurses, health care assistant, phlebotomist.

Admin. team: Practice manager, Data manager, reception team, full admin support team.

Attached Staff : 3 community nurses, 1 health visitor and health visiting assistant.

Macmillan nurse, counsellor, drugs and alcohol counsellor, community midwife.

We have a happy and committed team who are enthusiastic about training and really appreciate having learners in the practice.

### **Computerisation**

Full computerised using Emisweb.

### **Training and Education**

Hightown has been a training practice since 1992. Louise Cornwall has been a trainer since 2005 and Sandar Hlaing since 2011. Sandar is also now a member of GP Trainers Appointments Committee, Oxford and Wessex Deanery. All doctors take part in tutorials and informal teaching and we are fortunate in having 2 GP's who trained on the Banbury scheme (with us) and who can therefore be especially helpful to new learners in the practice.

Our Practice Manager and Data Manager also contribute to tutorials and all practice and attached staff are involved in teaching in one way or another.

Learners to date have included medical students, PRHOs (now F1/F2), F2s, registrars (now ST3s), ST1/2's, nurses, midwifery and health visitor students, student counsellor and a local pharmacist. We have Oxford medical students in October each year.

## **In-house Education**

Weekly *team* meeting (Monday lunchtime): whole PHCT including problem and interesting case discussion, topical reviews and information sharing, visiting speakers, specific topics/audits/service reviews and presentations.

Weekly *clinical* meeting (Wednesday lunchtime): Practice nurses and GPs. Monthly Macmillan nurse Gold Standard Framework caseload reviews, monthly visiting speakers (visiting consultants, new services providers etc), monthly referrals review, topical discussions and service reviews. We are lucky enough to be a stone's throw from the local DGH and private hospital, so have Consultants keen to come and speak to us.

Doctors also try to meet at lunchtime every day, which provides opportunity for discussing patients or subjects informally (and for social chat too!)

## **Additional interests/commitments**

Dermatology: Catriona Stephens - has diploma and new dermatoscope!

ENT: Nicholas Hodgkins – completing diploma.

Community Echo Service: Sandar Hlaing –Cardiology diploma.

Family planning : Sarah Lourenco, Rachel Urquhart, Kate Smith

OOH : Louise Cornwall

Drugs and Alcohol (Luther Street clinic, Oxford) : Kate Smith

Within the practice team many of us have areas of particular interest or expertise (and sometimes both!) e.g. joint injections, minor surgery, female health, mental health, diabetes, child protection.

Our nurses have particular areas of expertise too and one has both prescriber and minor illness qualifications.

Commissioning : Louise Cornwall with Di Stringer (Practice Manager) represents the Practice at North Oxon Locality Group meetings.

Federating: Sandar Hlaing is active on the newly formed NOXMED (North Oxon GP Federating Group) with Di Stringer, Practice Manager.

## **Banbury area**

A fast growing market town in a sea of countryside and villages. Good transport links and motorway access. Within easy reach of Oxford, Stratford, Warwick, Birmingham (and London by train).

Excellent DGH (with approachable consultants!) and post-graduate centre just across the road. Monthly joint GP/consultant educational meetings (Friday lunchtime). More specialist services provided in Oxford, about 40 minutes drive away.

New sports' centre in the town and health club (posher gym) 1mile out. Arts' centre, cinema, museum, bowling, large shopping centre, lots of good country pubs and golf courses. Excellent local schools (state and independent).

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